

Coffee Break DECEMBER 2023

FORT WORTH CENTRAL OFFICE



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OFFICE HOURS

Monday – Friday 9am to 5pm Closed Saturday and Sunday

~ Central Office Meetings ~ In Person & Zoom

****ELECTION MONTH****

The Central Office Steering & COR meetings will take place on the 2nd
Tuesday of EVEN months. **SC at 6pm & COR at 7pm**

Next meeting is Tuesday, DEC 12th!

****MEETING WILL BE HELD AT THE CENTRAL OFFICE!****

STEP XII

“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.”

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail. This is our *twelfth suggestion*: Carry this message to other alcoholics! You can help when no one else can. You can secure their confidence when others fail.

Remember they are very ill.

Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends—this is an experience you must not miss. We know you will not want to miss it. Frequent contact with newcomers and with each other is the bright spot of our lives.

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TRADITION XII

“Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.”

THE spiritual substance of anonymity is sacrifice. Because A.A.'s Twelve Traditions repeatedly ask us to give up personal desires for the common good, we realize that the sacrificial spirit—well symbolized by anonymity—is the foundation of them all. It is A.A.'s proved willingness to make these sacrifices that gives people their high confidence in our future.

But in the beginning, anonymity was not born of confidence; it was the child of our early fears. Our first nameless groups of alcoholics were secret societies. New prospects could find us only through a few trusted friends. The bare hint of publicity, even for our work, shocked us. Though ex-drinkers, we still thought we had to hide from public distrust and contempt.

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CONCEPT XII

“General Warranties of the Conference: in all its proceedings, the General Service Conference shall observe the spirit of the A.A. Tradition, taking great care that the conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference Members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion, vote, and whenever possible, by substantial unanimity; that no Conference action ever be personally punitive or an incitement to public controversy; that though the Conference may act for the service of Alcoholics Anonymous, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous which it serves, the Conference itself will

always remain a non-political thought and action.”

Used with permission, AAWS Inc. AA Service Manual pg. 137

DISTRICT INFO

You can access all District info on our website
www.fortworthaa.org. Just click on *Committees Page* from the
Welcome page. If you have any questions, there are contact
emails for each District.

If you're a new DCM or have any new info, please let me know!

District 61(zoom)

2nd sat odd mths at 9AM on
Zoom Meeting ID 963 752 5735
Passcode 1728
For info: DCM John L
district61dcmftw@gmail.com

District64(hybrid)

2nd Saturday of even months.
Olde Towne Group
824 South Crowley Rd, Crowley
830am-11am
ZOOM 847 6671 1949 Passcode: action
DCM D64 Jason T
Email: jasont632@hotmail.com

D61 Grapevine Committee

Every 4th Tuesday
@7:30 PM
Zoom ID 963 752 5735
passcode 1728

District 64 CPC/PI

Every 3rd Thursday @7pm
In person @Burleson Group
301 NW Newton Dr, Burleson, 76028
Or on Zoom
Meeting ID: 799 3733 1836
Passcode: District64

D61 Corrections Meeting

Odd months 4th Saturday
@930am
ZOOM ID: 9637525735
PW: 1728

District65

DCM Scott S
scottlstockman18@gmail.com

District62

Contact d62dcm@gmail.com
Or Lola P 682-226-8203

District71

DCM Laurel H
laulo922@gmail.com

District 74

January 21st 2024
District meeting @ Decatur Group 2pm
602 N. Business 287, Decatur 76234



Gratitude Should Go Forward

“No satisfaction has been deeper and no joy greater than in a Twelfth Step job well done. To watch the eyes of men and women open with wonder as they move from darkness into light, to see their lives quickly fill with new purpose and meaning, and above all to watch them awaken to the presence of a loving God in their lives—these things are the substance of what we receive as we carry A.A.’s message.”

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A Full and Thankful Heart

“One exercise that I practice is to try for a full inventory of my blessings and then for a right acceptance of the many gifts that are mine—both temporal and spiritual. Here I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate myself on whatever progress I may have been enabled to make in some areas of living.”

“I try hard to hold to fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion that we can ever know.”

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Give Thanks

“Though I still find it difficult to accept today’s pain and anxiety with any great degree of serenity—as those more advanced in the spiritual life seem able to do—I can give thanks for present pain nevertheless.”

“I find the willingness to do this by contemplating the lessons learned from past suffering—lessons which have led to the blessings I now enjoy. I can remember how the agonies of alcoholism, the pain of rebellion and thwarted pride, have often led me to God’s grace, and so to a new freedom.”

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