

# Coffee Break October 2020



## FORT WORTH CENTRAL OFFICE

1501 Hemphill St Rm A

Fort Worth, TX 76104

817-332-3533

[www.fortworthaa.org](http://www.fortworthaa.org)

***New Office Hours! (please call 1<sup>st</sup>)***

***Tuesday – Friday 9am to 430pm***

(visitor procedures are located on page 4)

EMAIL: [officemgr@fortworthaa.org](mailto:officemgr@fortworthaa.org)

### **~Central Office Meetings~**

The Central Office Steering and COR meetings will take place on the 2nd Tuesday of EVERY month for now, until further notice. Both meetings will be held together as 1 meeting. If you would like the

**ZOOM** information so you can attend this meeting, please email [officemgr@fortworthaa.org](mailto:officemgr@fortworthaa.org)

**\*\*Next SC/COR meeting October 13<sup>th</sup> @7pm\*\***

### **~COMBINED DISTRICT SIX~**

I will send out more info for CD6 as it comes in

Or Contact Mark L 817-980-2840

#### **CD6 CPC/PI committee**

We are NOT meeting in-person, TFN.

Meet via Zoom 3rd Sunday monthly @ 4:30 pm. Contact Jan D. for login info due to Covid-19 uncertainty.  
[dfwdarwin@gmail.com](mailto:dfwdarwin@gmail.com)

#### **CD6 Corrections**

contact Mary C 817 262-8178

### **~ District Meetings ~**

**District 61** – For meeting info contact TerrieLynn [terrielynn8@gmail.com](mailto:terrielynn8@gmail.com)

**District 64** -- Meeting Virtually. Contact Mark L for meeting invite link at 817-980-2840 or email [markapollo33@att.net](mailto:markapollo33@att.net)

Please watch for updates for all Districts and Committees.  
We will post on Our website as we receive the information. Thank you!

**Recovery**  
**Step X**

“Continued to take personal inventory and when we were wrong promptly admitted it.”

“Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly. They will always materialize if we work for them. This thought brings us to Step Ten, which suggests we continue to take personal inventory and continue to set right any new mistakes as we go along. We vigorously commenced this way of living as we cleaned up the past. We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime. Continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help. Love and tolerance of others is our code.”

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**Unity**  
**Tradition X**

**TRADITIONS CHECKLIST**

Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

1. Do I ever give the impression that there really is an “AA opinion” on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon?
2. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the “AA opinion”?
3. What in AA history gave rise to our Tenth Tradition?
4. Have I had a similar experience in my own AA life?
5. What would AA be without this Tradition? Where would I be?
6. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways? 7. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

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**Service**  
**Concept X**

**CONCEPTS CHECKLIST**

Concept X: Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

1. Do we understand “authority” and “responsibility” as they relate to group conscience decisions by G.S.R.s, D.C.M.s and our area delegates?
2. Why is delegation of “authority” so important to the overall effectiveness of A.A.? Do we use this concept to define the scope of “authority”?

Service Material from the General Service Office

## ***We have some great news!!***

You can now make contributions and payments **online!**

You can send money directly to your Fort Worth Central Office from your (or your group's) bank account using **Zelle!** You can set this up from your online banking website and send payments straight to the CO bank account. All you need is the email which is [officemgr@fortworthaa.org](mailto:officemgr@fortworthaa.org) and make sure to write in the memo section who it's from and what it's for (and any contact info in you wish) I can then email you a receipt. Please feel free to call me anytime with questions, I will be happy to help!

**zelle**®



*Our 7th tradition is in my thoughts in this time of angst. Our meetings are getting smaller size wise if our local city governments haven't outright shut them down. This will obviously affect the basket. What it doesn't affect in many cases is rent for the home group that will still need paid, literature for the prisons and treatment centers that our trusted servants take with them to pass out when they carry meetings into our local facilities, and most importantly our Central Office and inter groups. We will definitely come out of this downturn in time, but if we all don't figure out a way to support the 7th tradition will our home groups and Central Office survive. Imagine all the restrictions lifted and we finally get to go back to our groups only to find the landlord locked the doors for failure to pay. Worse yet when that still suffering alcoholic calls the Central Office at 10 pm to get the famous "sorry this number is no longer in service". I would hate to see the day either of these becomes a reality. So, all I ask is that each of us try and find an extra \$5 or \$10 bucks to send to the home group and your local Central Office/Intergroup to keep things up and running. Talk to your sponsees about the importance of self-supporting and how we are the financial relief these folks need. I know things are about to get tight, but just consider it and pray on it.*

Anyone can send money to the Central Office with Zelle to [officemgr@fortworthaa.org](mailto:officemgr@fortworthaa.org) or call with a cc over the phone! (check with your groups about possible ways to contribute online or through the mail as well)

We thank you ALWAYS for your continued support and are grateful for each of you!

**"Every A.A. group ought to be fully self-supporting, declining outside contributions."**  
We thank you from the bottom of our hearts for EVERYTHING you do for us! If you have any questions, please don't hesitate to call us at 817-332-3533.

**Thank you!**

**Erin & EJ**

# **We have new office hours!!**

**Beginning Aug 4th, 2020  
New office hours  
Tuesday - Friday 9am to 430pm**

**\*\*Please call before coming\*\***

Here are a few procedures that we will be following until further notice...

- Face coverings are required while in the building
- Please wash your hands as soon as you come in
- One person at a time in the office (unless you need assistance) all other guests may wait in the lobby area
- If you are experiencing any COVID-19 symptoms, we ask you to please call us 817-332-3533 so we may help you over the phone.

In addition to this, we will be wiping down and sanitizing between visitors. We will have hand sanitizer out and will also have extra (disposable) masks available for anyone who needs one.

We thank you for your understanding and cooperation.

If you have any questions or concerns, please call us anytime!

**We will be open to the public  
Monday – Friday  
9am – 430pm**

So, what this means for YOU and your group?? ....

We will begin sending out our monthly mailer with flyers to your groups again (snail mail) We would like to ask that if your group is open for face to face meetings or for online meetings, that you send us an updated flyer with your schedule and any other group info you have.

We are now sending out our CoffeeBreak mailers and you should be now getting our packet again! ☺

Please email or mail your schedule/flyer to me by October 26th so we can include it in our next mailer.

One last thing! Please check your group schedule and online links/schedule/IDs/passwords and let me know if it needs to be updated or corrected. We are getting many calls regarding passwords and links not working and we do not have any contact numbers for those online meetings. We need your help to stay up to date ☺

**Thank you!**