

Heights Group

Online Meetings Schedule

Our online meetings are held through Cisco Webex.
Detailed instructions for logging in with Webex are at the end.

Monday - Friday 6pm - 7pm

Discussion Meeting, Closed; only those who have a desire to stop drinking may attend

Link for the online Monday – Friday Webex meetings:

<https://meetingsamer2.webex.com/meetingsamer2/j.php?MTID=mc3c81fbb95bd417f9831f48b427027d3>

Meeting ID: 625 268 686

Meeting Password (if needed): JfBFpdMb872

Saturday & Sunday 10am - 11am

Discussion Meeting, Closed; only those who have a desire to stop drinking may attend

Link for the online Saturday & Sunday Webex meetings:

<https://meetingsamer2.webex.com/meetingsamer2/j.php?MTID=md718ab19ca94e8284776ff64ef0464be>

Meeting ID: 623 393 307

Ways to enter the meeting:

- From a tablet or phone

Download app from Apple store <https://apps.apple.com/us/app/cisco-webex-meetings/id298844386> or

Google Play <https://play.google.com/store/apps/details?id=com.cisco.webex.meetings>

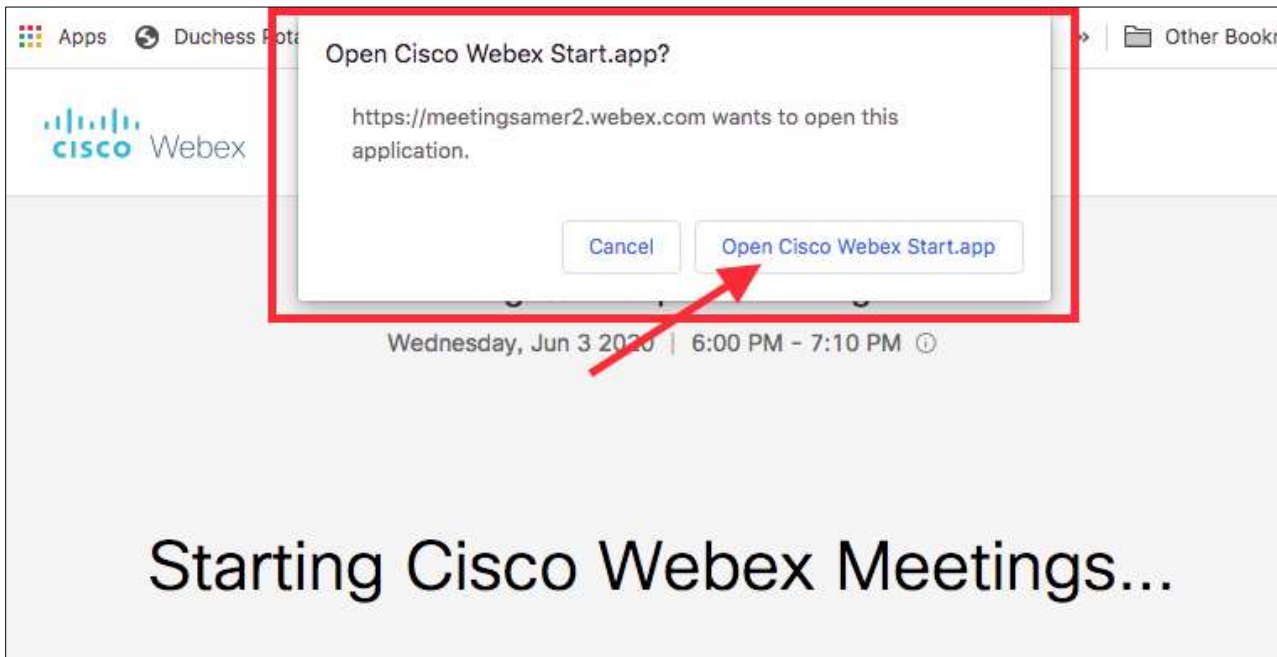
Then, just launch it and put in the meeting ID and password

- From your computer or laptop

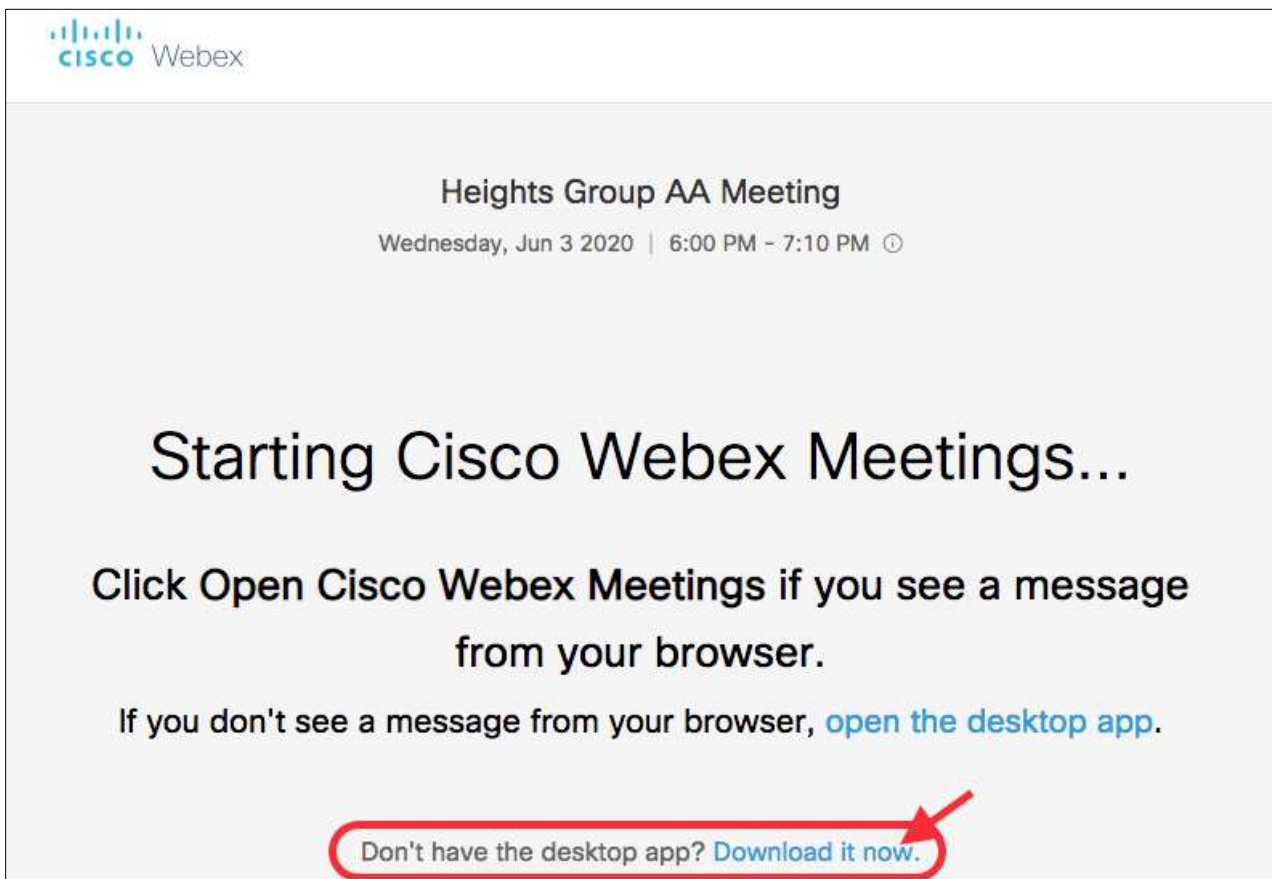
If you already have Webex, launch your Webex app and manually input the Meeting ID and password

OR

Click the meeting link provided above. Once Webex launches, click Open Cisco Webex Start.app. Enter the meeting ID when requested.



- If you do NOT already have Webex:
Click the meeting link provided above. Once Webex launches, click download it now.



Open and install the app you downloaded. Now, you can use the meeting link to start Webex directly, as in the example above.

- If you don't want to use the Webex app at all, then you can dial in by phone:
Call (408) 418-9388